



ADVICE FOR PARENTS & CARERS OF CHILDREN AGED 5-19

NHS
The Newcastle upon Tyne Hospitals
NHS Foundation Trust

WE CAN HELP WITH ALL KINDS OF THINGS LIKE...

- > **EMOTIONAL HEALTH & WELLBEING**
- > **BULLYING**
- > **SLEEP**
- > **BEDWETTING**
- > **NUTRITION**
- > **KEEPING HEALTHY & SAFE**

SEND A MESSAGE AND CHAT WITH SCHOOL NURSE

0748 063 5896

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with people at our heart

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