



ADVICE FOR PARENTS & CARERS OF CHILDREN AGED 0-5

WE CAN HELP WITH ALL KINDS OF THINGS LIKE...

- > **BREAST FEEDING AND BOTTLE FEEDING**
- > **CHILD DEVELOPMENT**
- > **TOILETING**
- > **SLEEP**
- > **BEHAVIOUR**
- > **PARENTING**
- > **CHILD HEALTH**

SEND A MESSAGE AND CHAT WITH A HEALTH VISITOR

0748 063 5888

**FIND @NEWCASTLEHEALTHVISITORS
AT CHATHEALTH.NHS.UK**



Healthcare at its best
with people at our heart